

**Washington State ADRC Evidence-Based Care Transition Project
September 30, 2010 - September 29, 2012**

Goal:		Establish an ADRC Care Transitions Intervention Model in Washington State for eventual Statewide Expansion																								
Measurable Outcomes:		(a) Increased ADRC capacity and expanded areas of partnership with hospitals in the identified counties; (b) Improvement in rehospitalization rates for participating hospitals; (c) Improved health, and understanding of chronic conditions and their management, by older adults and people with disabilities participating in the CTI coaching; and (d) Evidence of improved efficiencies and/or cost savings by end of project																								
Major Objectives	Key Tasks	Lead Person and Agency	Time Frame (Start and End Date by Month): September 30, 2010 - September 29, 2012																							
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
Formalize and deploy the use of the CTI model in Whatcom County in a sustainable community-based format through the ADRC, serving older adults and people with disabilities	Technical assistance for initial metric design and data collection methodology for non-Medicare FFS populations	Qualis Health with NWRC	X	X																						
	Technical assistance re: Whatcom -specific processes for program design / implementation for non-Medicare FFS populations	Qualis Health with NWRC		X																						
	Train NWRC Whatcom coach staff in clinical documentation, data collection, referral processes, program design implementation for non-Medicare FFS populations	Qualis Health CTI trainer & NWRC (Insignia for PAM training)		X																						
	Mentor NWRC coach staff in effective coaching for non Medicare FFS client populations	Qualis Health CTI trainer		X	X	X																				
	Ongoing Deployment of CTI in Whatcom County for non-Medicare FFS populations	NWRC Whatcom staff			X	X	X	X	X	X	X	X	X	X	XX	X	X	X	X	X	X	X	X	X	X	X
Expand use of the CTI model for the same target population in Skagit County, the adjacent county south of Whatcom and also served by NWRC	Develop draft CTI implementation toolkit in preparation for Skagit deployment	Qualis Health																								
	Technical assistance re: Skagit specific processes for program design, implementation etc.	QH with NWRC Whatcom / Skagit staff																								
	Train NWRC Skagit coach staff in clinical documentation and data collection	NWRC Whatcom staff lead with QH CTI trainer support																								
	Mentor NWRC Skagit staff in effective coaching	Qualis Health trainer and NWRC Whatcom staff																								
	Deployment of CTI in Skagit County	NWRC Skagit staff																								
Provide training and implement lessons learned to an additional ADRC for expanded deployment of CTI in the second year of the project	Revise draft CTI implementation toolkit in preparation for Yakima County CTI deployment	Qualis Health																								
	Technical assistance re: Yakima specific processes for program design, implementation etc.	QH with NWRC and SE WA ALTC staff																								
	Train SE ALTC (Yakima) staff in clinical documentation and data collection	NWRC staff lead																								
	Mentor SE ALTC staff in effective coaching	NWRC staff																								
	4 SE ALTC staff attend CTI Training	SE ALTC staff																								
	SE ALTC staff attend PAM Training	Insignia with SE ALTC staff																								
	Deployment of CTI in Yakima County	SE ALTC staff																								
	Train the Trainer	Coleman Team with SE ALTC staff																								
Apply Continuous Quality Improvement principles and Evaluation Plan	Active participation to develop, and implement consistent data collection and outcome measures	ADSA, Qualis Health & ADRCs	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
	Finalize Evaluation plan and submit to AoA	ADSA staff			X																					
	Quarterly CQI Meetings(conference calls)	ADSA, Qualis Health, and ADRCs (one month post quarterly aggregate data availability)				X				X							X				X				X	
	Annual Meeting (SeaTac or Olympia)	ADSA, Qualis Health & ADRCs															X								X	
	National Meeting (dates estimated)	All Partners					X												X							

